

# Co-Curricular Activities (CCAs)

**Mdm Goh Sze Wei**  
**HOD PE & CCA**



**SEEK | STRIVE | SERVE**



# Purpose of CCA

- A key student-development experience in secondary school
- Provides students with a platform to discover their **interests and talents**.
- Spark a life-long love for a particular activity, and helps one to lead a balanced life in adulthood.
- Unlike primary school, CCA is **COMPULSORY** in secondary school, and **sustained participation** is required.





# Purpose of CCA

- Through sustained participation, students will develop and demonstrate:
  - Passion
  - Leadership and teamwork
  - Friendship and belonging
  - Spirit of service and community
  - Knowledge, skills and values related to their CCA
  - Core values, social and emotional competencies and 21<sup>st</sup> century competencies

## Holistic Development





# Overview of LEAPS



- A framework to recognise students' learning and attainment in the Co-Curriculum
- Four domains in LEAPS:

Participation

Achievement

Leadership

Service

- At the end of 4 years, attainment in the Co-Curriculum will be translated to bonus point(s) which can be used for admission to JC/CI/Poly/ITE
- Up to 2 bonus points can be awarded for Co-Curriculum attainment

*More information on LEAPS 2.0 can be found on our school website and in the e-Student Handbook.*





# Recognition of Students' Level of Attainment

Co-Curricular Attainment	Details
Excellent (2 bonus points)	Student who attains a minimum Level 3 in all four domains with at least a Level 4 in one domain.
Good (1 bonus point)	Student who attains a minimum Level 1 in all four domains with any one of the following: i. At least Level 2 in three domains; ii. At least Level 2 in one domain and at least Level 3 in another domain; or iii. At least Level 4 in one domain.
Fair	Student's attainment in co-curricular will not translate into any bonus points.





## Our CCAs

### UNIFORMED GROUPS

- Girl Guides
- National Cadet Corps (Land) (NCC Land)
- National Police Cadet Corps (NPCC)
- Red Cross Youth
- Scouts

Through UG CCAs, students develop citizenship, self-reliance, resilience, discipline and spirit of service to others







## Our CCAs

### PERFORMING ARTS

- Chinese Ensemble
- Choir
- Concert Band
- Drama
- Malay Dance
- Modern Dance



Through Performing Arts CCAs, students develop sense of graciousness, appreciation for culture and heritage of multi-racial society.





## Our CCAs

### SPORTS

- Basketball (Boys)
- Floorball (Boys and Girls)
- Football (Boys)
- Netball (Girls)



Through Sports CCAs, students develop physical fitness, team spirit and sportsmanship .



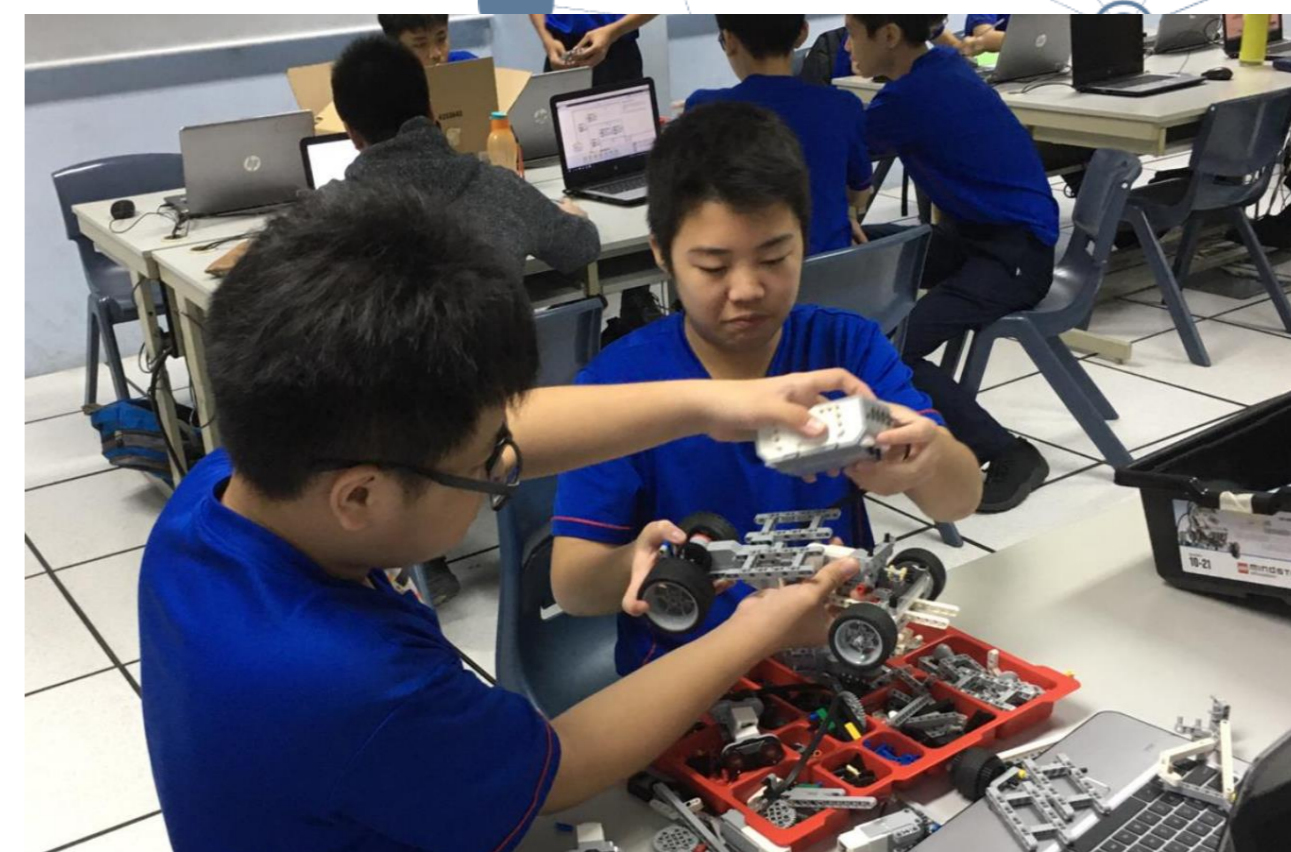




# Our CCAs

## CLUBS

- Audio Visual Aid & Photography
- Infocomm Club



Through Clubs CCAs, students extend their interest in specialised areas eg, information and technology, and technical skills.







# CCA Training Days

Tuesday – 3pm to 6pm

Thursday – 3pm to 6.15pm





# Strategic Partnership CCA (SP-CCA)

11

- SP-CCA is a **non-school-based CCA** open to secondary school students to pursue their interest in sports and performing arts CCAs not offered by their schools.
- Held at a centralised venue, SP-CCA provides opportunities for meaningful interaction between students from different schools through a shared interest in the CCA
- 3 SP-CCA sports offered – Athletics, Water-polo and Canoeing





# SP-CCA Athletics

If you are interested, please register by via the FormSG below:



<https://go.gov.sg/spcca-pes>

## STRATEGIC PARTNERSHIP CCA (SP-CCA) ATHLETICS

Jointly brought to you by

Sport  
SINGAPORE



A MOE-SportSG CCA programme for secondary school students who are passionate about Athletics!

This programme, in collaboration with ActiveSG Athletics Club, welcomes students who are interested to learn/train in the sport of Athletics and be part of the team.

All secondary students, regardless of abilities and prior experience, are welcome!



🕒 Tuesday or Thursday, 4pm - 6pm  
Saturday, 8.30am - 10.30am

📅 2 sessions per week

🚗 Self-arranged

📍 Home of Athletics (Kallang)  
Bukit Gombak Stadium



Scan here to register or find out more

### WHAT CAN YOU EXPECT?



#### WIDE PORTFOLIO OF DISCIPLINES

Experience multiple Athletics disciplines at various training locations.

#### QUALITY COACHING

Values-based coaching that develops character and life skills.

#### INTENTIONALLY DESIGNED PROGRAMME & EXPERIENCES

Fun, enjoyable and specially curated for maximum benefits.

#### DEVELOPMENTAL PATHWAYS

Learn, progress and reach your full potential.





# SP-CCA Water-polo

If you are interested, please register by via the FormSG below:



<https://go.gov.sg/spcca-pes>

## STRATEGIC PARTNERSHIP CCA (SP-CCA) WATER POLO

Sport  
SINGAPORE



Jointly brought to you by

A MOE-SportSG CCA programme for secondary school students (both boys and girls), who are passionate about Water Polo!

This programme, in collaboration with ActiveSG Water Polo Academy, welcomes students who are interested to learn/train in the sport of Water Polo, and be part of a team.

### Participants' pre-requisite:

Attained SwimSafer Stage 3 Certification or equivalent or be able to swim 50m continuously (Front Crawl or Breaststroke).



### Training Details:

Tuesday or Thursday, 4pm - 6pm  
Saturday, 8.30am - 10.30am

3 sessions per week  
(Students are required to attend 2 sessions per week, 1 weekday and Saturday)

Self-arranged

MOE Evans Swimming Pool (21 Evans Road)



Scan here to register or find out more



## What can you expect?



### CURATED TRAINING PROGRAMME FOR DEVELOPMENT

Fun, enjoyable and specially curated for maximum benefits.

### DEVELOPMENTAL PATHWAYS

Learn, progress and reach your full potential.

### QUALITY COACHING

Values-based coaching that develops character and life skills.

### COMPETITION OPPORTUNITIES

Opportunities to participate in competitions as a team.





# SP-CCA Canoeing

If you are interested, please register by via the FormSG below:



<https://go.gov.sg/spcca-pes>

## STRATEGIC PARTNERSHIP CCA (SP-CCA) CANOE

Jointly brought to you by

Sport  
SINGAPORE



A MOE-SportSG CCA Programme for secondary school students who are passionate about Canoe!

This programme, in collaboration with ActiveSG Canoe Academy, welcomes students who are interested to learn/train in the sport of Canoe and be part of the team.

### Participants' Pre-requisite

Joining this CCA is subjected to the student passing a swimming proficiency test.



 Tuesdays or Thursdays, 4pm - 6pm  
Saturdays, 7.30am - 9.30am

 2 sessions per week

 Self-arranged

 Sports Hub Water Sports Centre



Scan here to register or find out more

### What can you expect?

#### CURATED TRAINING PROGRAMME FOR DEVELOPMENT

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# CCA Selection and Allocation Exercise

**9 Jan**  
Sec 1 Parent Engagement & CCA Orientation



**14, 16, 21 & 23 Jan**  
**CCA Experience**  
Sec 1 students to attend various CCAs



**24 Jan**  
Students to submit CCA options via online form



**Allocation Exercise**  
Results of allocation to be released by **3 Feb Mon**



Students to start attending allocated CCA on **4 & 6 Feb**

- Selection trials
- Letter of shortlist will be issued to those who display aptitude





# Submission of CCA Choices

- Submit **3 choices** via online form
- Of the 3 choices, there must be 1 Uniformed Group and 1 Performing Arts CCA
  - Encourage your child to go for CCA Experience and discuss the CCA choices with him/her
- Students issued letter(s) by CCA(s) will need to indicate the CCA as first choice if they wish to get into the CCA





# Appeal for Change of CCA

- 7 Feb (Fri) & 10 Feb (Mon)
- Students to submit via CCA Appeal Form, supported with letter from parent and other relevant documents (eg, medical document)
- Results of appeal to be released by 24 Feb Mon





# Supporting the holistic development of my child

*What kind of person does my child want to be?*

*How can I reinforce my child's learning of values and life skills in his /her CCA?*

*Is my child able to cope?*

*How can I help to support him/her in the learning pursuits?*

*What is my child interested in?*

*What is my child good at?*

*How does my child want to pursue this development?*

*What are the possible opportunities that can help support this development?*







***Together, we empower our StaRs to SHINE  
for the growth of self and the good of others.***

*Thank  
you*